

Healthy Start

The Healthy Start program is a non-income based program offered in partnership with the Florida Department of Health in Monroe County. This program provides resources, support, and assistance needed to have a healthy pregnancy, birth, and baby. It is available to all pregnant women and families with babies under 3 years of age.



As soon as you become pregnant, schedule a visit with your health care provider and ask for a Healthy Start screen. During this visit you will complete a confidential one page questionnaire with your medical provider. These answers will ensure you and your baby are provided with the best care possible. If you don't have a health care provider, or think you would benefit from services, please call us and we will help you enroll.

Services Offered

- Care coordination
- Childbirth education
- Parenting education and support
- Smoking cessation
- Breastfeeding support and education
- Nutritional guidance
- And much more

For more information about our Healthy Start program, please contact the Program Director at 305-676-3841 or the Coalition: 305-293-8424

